## **NOTICE**

Dear Students,

The talk on "De-stressing through Yoga and Meditation" – Accompanying the young during the pandemic which was postponed due to Cyclone Yaas will now take place on 20<sup>th</sup> June 2021 from 11:00 a.m. onwards.

Semester II and IV students who are interested to attend the Talk, please click the below link to register. The link will be active till 4:00pm 15<sup>th</sup> June 2021 or till we have 25 registrations.

https://forms.gle/b5eTfx5N8CBAB3qJ7

The selected students will receive an email from us with further instructions.

Students, who had registered for the event earlier, please do not register again.

Social credit hours to be allotted: 5 hours

-Department of Social Work & NSS 11<sup>th</sup> June 2021